

## Prayer Labyrinth Devotional for the Journey of Life

### Scripture Focus:

*“I came so that they could have life—indeed, so that they could live life to the fullest.”*

John 10:10 (CEB)

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### RELEASE

#### Letting Go of What Crowds Your Life

As you enter the labyrinth, pause and breathe deeply.

Life can feel full—sometimes overflowing with responsibilities, noise, expectations, and pressures that leave little room for peace.

Name what has been weighing on your life:

- “I am overwhelmed by...”
- “I feel stretched thin because...”
- “I am carrying responsibilities that...”

This is a place to release the clutter of the soul.

You are not abandoning your life—only loosening your grip on what drains it.

**Prayer: *God, I release what crowds my life. Make space in me for what is true and good.***

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### RECEIVE

#### Welcoming the Life God Offers

As you walk inward, let the Scripture rise in your heart:

*“I came so that they could live life to the fullest.”*

This is not a promise of ease.

It is an invitation into a deeper, richer way of living—  
a life rooted in God’s presence,  
shaped by His love,  
and strengthened by His Spirit.

At the center, pause.

This is the still place.

The living place.

The place where God breathes life into weary hearts.

Listen for what God may speak to you

Let His words fill the spaces you cleared.

Let His life become your life.

**Prayer:**

*God, I receive the life You offer. Teach me to live fully in You.*

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**RETURN**

**Walking Forward with Renewed Purpose**

As you follow the path outward, imagine God walking beside you.

Your circumstances may not change immediately,  
but the way you carry your life can.

Let each step remind you that fullness of life  
is found not in perfection,  
but in presence—  
God's presence with you,  
and your presence in the moments He gives.

Carry with you the promise of Jesus—  
that life in Him is abundant,  
meaningful,  
and continually renewed.

**Prayer:**

*God, stay close as I return to my life. Help me live fully, deeply, and faithfully each day.*

**Blessing:**

May the God who gives life in abundance  
fill your days with purpose,  
your steps with strength,  
and your heart with a quiet joy  
that grows like light expanding at dawn.