

## Prayer Labyrinth Devotional for being a follower of God

### Scripture Focus:

*“If any want to become my followers, let them deny themselves and take up their cross daily and follow me.”*

Luke 9:23 (NRSVUE)

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## RELEASE

### Letting Go of What Competes for Your Heart

As you enter the labyrinth, pause and breathe deeply.

Following God is not about perfection — it is about direction.

Yet life is full of distractions, temptations, and competing loyalties.

Name what has been pulling your heart away from God:

- “I have been following my own desires in...”
- “I have been distracted by...”
- “I have been choosing comfort over obedience in...”

This is a place to release what keeps you from wholehearted discipleship.

You are not confessing failure — you are making room for God.

**Prayer: God, I release what competes for my heart. Make me willing to follow You fully.**

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## RECEIVE

### Embracing the Call to Follow

As you walk inward, let the Scripture rise in your heart:

*“Take up your cross daily and follow me.”*

This is not a call to suffering for suffering’s sake.

It is a call to **daily surrender**,

daily trust,

daily choosing God’s way over your own.

At the center, pause.

This is the still place.

The surrendered place.

The place where discipleship becomes devotion.

Listen for what God may speak to you:

- “I am worth following.”

- “I will lead you step by step.”
- “You do not walk this path alone.”
- “I am shaping you into someone who reflects Me.”

Let His call settle into your spirit —  
not as pressure, but as invitation.

Prayer: *God, I receive Your call. Teach me to follow You with my whole life.*

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## **RETURN**

### **Walking Forward as a True Follower**

As you follow the path outward, imagine God walking beside you.  
Being a true follower is not a single moment —  
it is a daily rhythm,  
a daily yes,  
a daily turning toward Him.

Let each step remind you that discipleship is lived out  
in choices,  
in attitudes,  
in obedience,  
in love.

Carry with you the truth of Luke 9:23 —  
that following Jesus is a journey of surrender,  
strengthened by grace,  
guided by His presence.

**Prayer: *God, stay close as I return to my life. Help me follow You faithfully each day.***

### **Blessing:**

May the God who calls you to follow  
give you courage to say yes,  
strength to walk the path,  
and a heart that grows more like Christ  
with every step you take.